

# SUMMER TERM BACKPACKING TRIP



**JOIN US ON  
A FANTASTIC  
WEEKEND  
ADVENTURE  
INTO THE  
ELKHORN  
MOUNTAINS!**

**JULY 11 & 12, SATURDAY AND SUNDAY**

**ONLY \$20 AND INCLUDES GEAR RENTAL AND FOOD**



**Grab your friends or come  
and make new ones, bring  
your fishing pole, or just  
relax by the beautiful lake.**

**Space is **limited to 12** so sign  
up **NOW** at the EOU Outdoor  
Program, Hoke 118 or call  
**(541) 962-3621** for info.**



Source: eou.edu

来源





# FOR THE URBAN EXPLORER

*With miles of trails and ample green space, Portland is full of natural escapes.*

Portland's easy access to nature beckons explorers, and no route showcases the intersection of the Great Outdoors and the Big City like the innovative 4T Trail ([4t-trail.org](http://4t-trail.org)). This self-guided urban nature tour uses hiking trails, the MAX light rail train, a trolley (aka the Portland Streetcar) and the Portland Aerial Tram. Completing the circuit takes about 8-5 hours and requires appropriate TriMet fare (\$5 adult; see [trimet.org](http://trimet.org)).

## 1. TRAM

Begin in downtown's Pioneer Courthouse Square and take the westbound MAX light rail (Red or Blue line) to Washington Park. The stop is in the Robertson Tunnel – at 260 feet (79 m), the nation's deepest transit tunnel. Take the elevator to ground level and look for 4T signs outside the bus entrance.

## 2. TRAIL

Head downhill, across the Highway 26 overpass, and exit the city landscape on the well-maintained Marquam Trail (also signed for the 4T). A moderate climb through

wooded hills delivers hikers to Council Crest Park, the city's highest point at 1,073 feet (327 m). Soak up a fire-volcano vista and the city skyline.

## 3. TRAM

Walk downhill from Council Crest, crossing SW Greenway and Fairmont streets, and pick between: 1) following the trail on a 2.3-mile (3.6 km) hike through hilly Marquam Nature Park; or 2) taking a 1.4-mile (2.2 km) walk downhill on city streets without stairwells. Both paths lead to the hilltop Oregon Health & Science University (OHSU) campus, where 4T signs point to the upper terminal

of the Portland Aerial Tram. (Tip: Public restrooms are available at OHSU.) The trip down in the bubble-like silver pod is unforgettable (and, in this direction, free – riders pay on the way up), offering a panorama of mountains and the Willamette River. (Check tram operating hours at [gotytram.com](http://gotytram.com).)

## 4. TROLLEY

To complete the last leg, board the Portland Streetcar at the stop near the tram terminal. Cars run about every 15 minutes, whirling riders back to downtown and connecting with MAX lines near Pioneer Courthouse Square.

## SPRING INTO ACTION

Built along a former railway line on the east side of the Willamette River, the multi-use **Springwater Corridor** stretches for 21 miles (33.8 km), connecting the city to a series of wild life refuges, river life and forested buttes. Take in **Oaks Bottom Wildlife Refuge** (S.E. Seventh Ave. and Sellwood Blvd., [portlandparks.org](http://portlandparks.org)), a 141-acre (57 ha) park home to blue herons, coyotes and black-tailed deer. Top off your tour with a visit to **Powell Butte Nature Park** (16160 S.E. Powell Blvd.), which climbs to 627 feet (191 m), boasting wildflower-filled meadows and Mount Hood views.



POWELL BUTTE NATURE PARK

## ADVENTURE 2

### TAKE A WALK

*Whether you're a hearty hiker or a city stroller, there's plenty of fresh air at these great locations.*



EASTBANK ESPLANADE VIEW  
[portlandparks.org](http://portlandparks.org)

### EASTBANK ESPLANADE AND WATERFRONT PARK

For a quick workout, skip the treadmill in favor of downtown's **Waterfront Park-Eastbank Esplanade Loop**. The 2.7-mile (4.3 km) walking, running and cycling circuit traces the banks of the Willamette River and links the Steel and Hawthorne bridges, all while delivering nonstop city and river views. [portlandparks.org](http://portlandparks.org)

### HOYT ARBORETUM

Measuring 189 acres (74.5 ha) and loaded with 2,000 different species of plants and trees, Hoyt Arboretum has been dubbed a "living museum." Free maps at the visitor center help navigate a 12-mile (19.3 km) trail network leading past towering trees and serene views. 4000 SW Fairview Blvd., 503.865.8733; [hoystarboretum.org](http://hoystarboretum.org)

### WILDWOOD TRAIL IN FOREST PARK

A designated National Recreation Trail, the Wildwood begins in Washington Park and stretches for 30 sinuous miles (48 km) from one end of Forest Park to the other. Try a 4-mile (6.4 km) out-and-back from the Washington Park MAX station to the scenic Pittock Mansion. Or, for a more local loop, miles 9-11 are especially scenic, foot-friendly and easily accessed via N.W. 53rd Drive off of Cornell Road. [forestparkoregon.org](http://forestparkoregon.org)

Source: Travel Portland Visitors Guide 2015





ALPACAS AT MARQUAM HILL RANCH	SWAN ISLAND DAHLIAS	TIMBERLINE LODGE & SKI AREA
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MT HOOD SKIBOWL WINTER & SUMMER RESORT



20+ summer attractions: alpine slide, Malibu Raceway, freefall & reverse bungee jump, treetop zip lines, mountain biking plus much more. 87000 E Hwy 26, Government Camp 800-ski Bowl • [skibowl.com](http://skibowl.com)

LAKE OSWEGO'S THE GALLERY WITHOUT WALLS



SEE ART! Take a tour! Celebrating our 15th anniversary, the Gallery Without Walls outdoor sculpture collection offers docent-led walking tours for groups of any size. 503-675-3738 • [artscouncillo.org](http://artscouncillo.org)

END OF THE OREGON TRAIL INTERPRETIVE CENTER



Hands-on exhibits, "Bound for Oregon" featured film, and programs on the Oregon Trail. Clackamas County and Oregon State Welcome Center is also on-site. 503-657-9336 • [historicoregoncity.org](http://historicoregoncity.org)

Source: Travel Portland Visitors Guide 2015

### Can-Do Statements

I can read about an upcoming event and decide if I want to attend based on those details.

### Instructions

Evaluate the ads that you see. Examine them so that you can understand what should be included in a print ad about leisure.

1. What type of language is included in the ads? How would you describe the register? What types of structures?
2. What details are included in the ads?
3. What details aren't included? Why do you think that is? If there is missing information, do people know where to look to find what they need?
4. What types of images are included? Do they enhance communication? How?
5. How successful were the ads? Do you want to participate in any of the activities? Why or why not?

